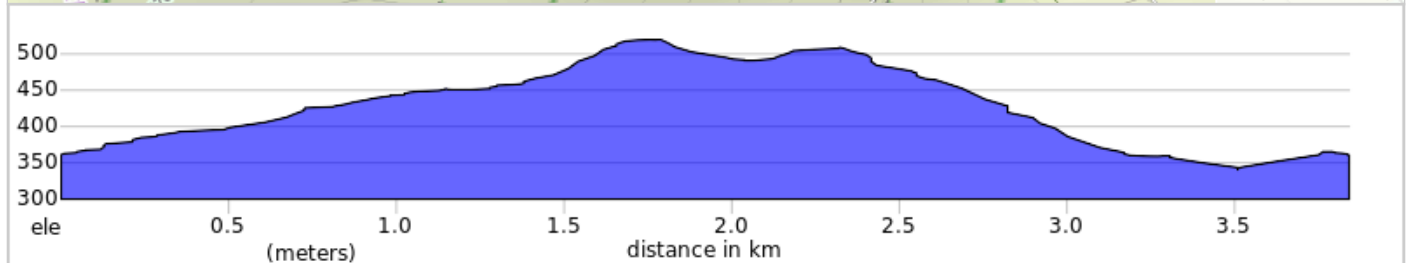
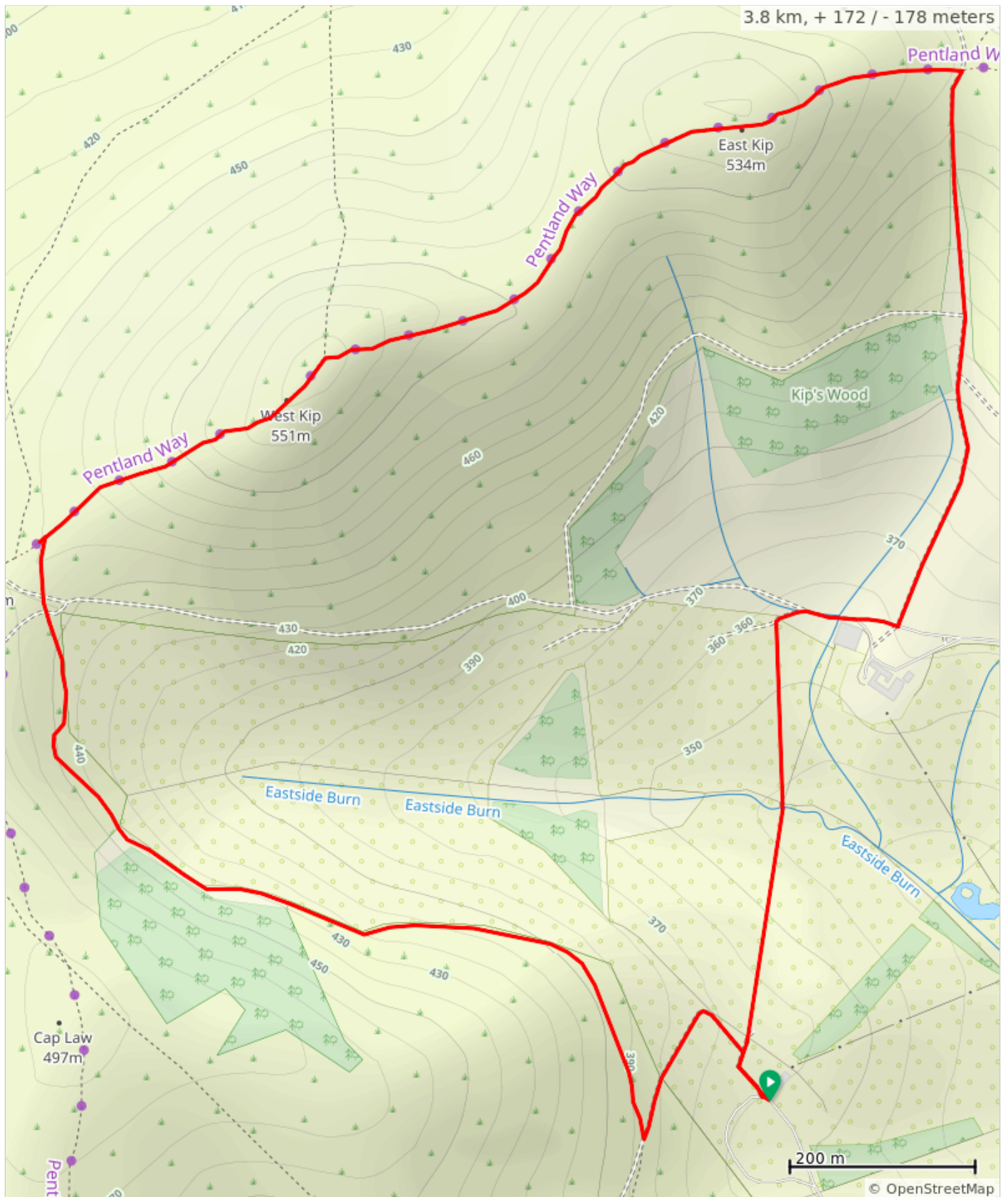


Kips Circular - Westside



Kips Circular - Westside

Num	Dist	Note
1.	0.0	Start of route
2.	0.0	Leave the Westside Woodshed and turn right, up the hill
3.	0.0	Cross the stile
4.	0.1	Left before the metal gate and follow the stone dyke
5.	0.1	Go through the wooden gate and turn left to join the track
6.	0.2	Go through the wooden gate and keep straight, following the track
7.	0.3	Right at the old sign post, to take the grassy track along the side of the hill.
8.	0.8	Pass over the stile and continue following the path with the wooded area to your left.
9.	1.0	Exit the wooded area via the metal horse gate and continue following the path.
10.	1.3	Continue straight, over the stile, cross the vehicle track and pick up the grass path that ascends the hill in front of you (West Kip)
11.	1.7	At the summit of West Kip, continue straight, following the path to descend the hill to the northeast.
12.	2.1	Follow the path to ascend East Kip.
13.	2.3	At the summit of East Kip, keep following the path to descend the hill to the east.
14.	2.6	Sharp right at the col or 'nick' (there is a cross-roads of paths) and head down the wide grass track towards Eastside.
15.	3.2	Right at the Eastside car park, heading down past the sheep shed (on your left)
16.	3.2	Cross the ford.
17.	3.3	Path to the left toward the field gate.
18.	3.3	Pass through the gate
19.	3.3	Follow the faint sheep track left heading over the field and downhill towards the gate in the corner of the field.
20.	3.5	Pass through the gate and over the bridge that crosses The Eastside Burn.
21.	3.5	Head straight up the hill towards the metal gate at the top of the field.
22.	3.8	Pass through the metal gate
23.	3.8	Hop back over the stile
24.	3.8	Back to the Woodshed
25.	3.8	End of route

3.8 kilometers. +166/-172 meters